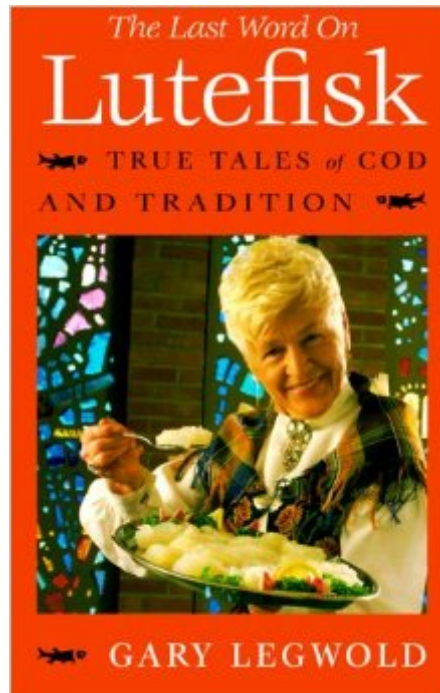


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The Last Word On Lutefisk: True Tales Of Cod And Tradition



Synopsis

The Last Word on Lutefisk provides you with the most comprehensive collection of facts, fiction, and folklore surrounding this simple fish with the unforgettable scent. Here, a historical account of this colorful lutefisk tradition is mixed with homespun tales, humor, tours, poetry, lyrics--even lutefisk cheers! You will find: * Old country travel and lutefisk lore * Tales of Norse fishermen--and great color photographs * Why lye is used in soaking the fish * Secrets of making your own superior lutefisk * Why lutefisk does not build character--it reveals it * A directory of the 300 finest lutefisk dinners in North America A taste of both culture and culinary traditions, The Last Word on Lutefisk invites you to partake in this peculiar, exuberant Scandinavian feast.

Book Information

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Customer Reviews

While the first time I've actually eaten lutefisk was a couple of years ago, it was a part of my culture as I grew up. I'm ethnically Swedish, but grew up in the Twin Cities, MN where the Norwegians had a very strong presence. And so- I grew up knowing about lutefisk, though not actually encountering it for myself! This book is an excellent resource for the lutefisk-curious. It covers pretty much everything, from the history, to the context, to the rep (including if one wants to go really Old School and make it complete from the dried fish, including doing the lye soaking! I must admit it tempts me...). My interest in lutefisk is twofold: as a part of the culture in which I grew up, AND because I am fascinated by traditional foods, especially food preservation before refrigeration. Lutefisk is a unique approach to fish preservation; most cultures salt and/or smoke. One wonders how the originators came up with this method... There is also a decent store of (bad) lutefisk jokes and entertaining

lutefisk anecdotes, plus a long list of where in the US one can find lutefisk suppers (alas, MA, my current state, has none listed though I know they exist). Now: I did try lutefisk a couple of years ago. I was not an instant convert. It was OK... but pretty weird. I started with the pre-prepped frozen stuff, though, and probably would have been happier if I'd brined it a bit to firm it up some before cooking- which lesson I learned from this book. If I can find a source of the frozen, I'll make it again for the Christmas season. My husband actually did like it pretty well! And someday, I'll get a dried hunk of stockfish and do the whole damn thing.

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